Speech Ease

What is Neurodiversity Affirming Therapy?

What is Neurodiversity?

- Recognising and respecting people's differences in how they think, feel, learn, process, and perceive information.
- Not one size fits all!

Who are Neurodivergent? Example of Conditions:

- Autism
- Dyslexia
- ADHD
- Specific Learning Disorder
- Developmental Language Disorder

What is Neurodiversity-Affirming Therapy?

- Understanding neurodivergent children instead of teaching them to 'mask' their traits
- Supporting neurodivergent children's strengths and interest instead of 'fixing' what are not typical
- Changing environments to meet neurodivergent children's needs instead of only focusing on providing therapy to them
- Fostering neurodivergent children having a positive identity
- Advocating for neurodivergent children and teach them self-advocacy skills
- Supporting neurodivergent children and people in their environments understand the difference between neurodivergent and neurotypical individuals

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