Speech Ease

Importance of Home Practice

As parents, you are the expert in your own child. You spend the most time with them, and have watched them grow and develop throughout their entire lives. Because of your unique position in your child's life, you're also the person best able to make meaningful changes and learning experiences for your child.

Throughout your child's speech pathology journey, your speech pathologist will give you regular home practice strategies or activities to complete between sessions. What the practice looks like will vary greatly depending on your child's individual needs and learning style. Home practice is very important for your child's development and progress in speech therapy, as the more times they practice a skill the more readily they will develop it and make long-term changes.

We know there are sometimes factors that can impact a parent's ability to do home practice. For example, work schedules, juggling other siblings, language and literacy skills. For the benefit of your child, please speak to your child's speech pathologist about any barriers preventing you from completing home practice. Your child's speech pathologist will work with you in a non-judgemental manner, and use flexible and creative solutions to help your child continue practicing their new skills at home.

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